



Thrifty Hanger

Our thrift stores, are open to the public. They are completely stocked with generous donations we receive from people like you. Affordably priced clothing and shoes, household items, small electronics, and books, help our community save money while providing a source of revenue for our programs. The stores also serve to repurpose and recycle items and help maintain the environment.

For those clients who qualify, we provide discount cards or vouchers for items in our thrift stores.

Donations are gladly accepted at both locations during Thrift Store hours at our donation centers in the rear of the buildings. A list items we cannot accept can be found on our website.



Volunteering

"Be the change you wish to see in the world." - Ghandi

Volunteers are one of our most valuable resources... and we can always use more help!

If you would like to join our volunteer family, but don't know where to begin, we can help match your skills, passions, and schedule with a rewarding position at one of our locations. Call your preferred location today!

Need Help?

Call for an appointment:

South County
314-631-4900

High Ridge
636-677-9885



History

It all started in 1982 with one bag of groceries and a desire to help our neighbors in need. Now, we provide nearly \$4 million worth of food and other assistance each year.

Mission

To show God's love and compassion to all His people, but particularly to His people in need.

Contact Us

Contact us for more information about Feed My People, request our newsletter, volunteer, schedule a presentation for your group or a guided tour of our facility.

Christian Food Pantries,
Help Centers & Thrift Stores
showing God's love and compassion
to our neighbors in need since 1982.



...for I was hungry and you gave me food,
I was thirsty and you gave me drink,
I was a stranger and you welcomed me.

Matthew 25:35

South County Help Center

171 Kingston Drive
Saint Louis, MO 63125
314-631-4900

Monday - Friday: 10am - 3pm
Saturday: 9am - 12pm

High Ridge Help Center

3295 Ottomeyer Road
High Ridge, MO 63049
636-677-9885

Tuesday - Friday: 10am - 2:00pm
Saturday: 9:30am - 12:30pm

Check website for Thrift Store hours

Online

www.Feed-My-People.org
fmpinfo@Feed-My-People.com



Programs



Food Help: Emergency & Long-Term

Job Counseling

Low-Cost Thrift Stores

Healthy Family Programs

- Community Garden
- Spring Seeds Program
- Personal Care Items
- Clothing Assistance
- Eldercare Assistance

Healthy Kids Programs

- Newborn Layettes
- School Supplies & New Shoes

Healthy Homes Programs

- Affordable Housing Assistance
- Heaters, Blankets, Fans
- Utility Assistance

Personal Development

- Self-Help Center
- Religious Material

Legal & Other Referrals

Christmas Programs

- Adopt-A-Family
- Giving Tree

Feed My People is an
EQUAL OPPORTUNITY provider



Ways to Help



Feed My People is supported by donations from individuals, churches, businesses, and community groups. The majority of our support comes from individuals like you. Feed My People is a fully recognized 501(c)(3) non-profit charity. Donations to Feed My People are tax-deductible in accordance with state, local, and federal laws.

There are so many ways you can help !

Fill Our Shelves, Feed Our Neighbors.

Organize a Food Drive at your church, office, or school. We provide collection barrels, flyers and posters. You provide the space & support!

Give a Meal a Month

Pick up a yellow bag at Feed My People or at your church, fill it up next time you are at the grocery store and return it to us. Each bag has a suggested meal for 1-3 people.

Make a donation. For every dollar donated, \$10 worth of food can be provided to a client! Both one-time and automatic monthly donations, can be made through our website, www.feed-my-people.org.

Volunteer. Whether you choose to work in the food pantry, drive one of our vans/trucks, stock the shelves, greet or interview our clients, do clerical/data entry, or work in the Thrifty Hanger, you'll find a job that will make you feel good about helping others. We LOVE our volunteers!

Donate personal care items such as toilet paper, shampoo, soap, Ensure, Depends, diapers and wipes, which are not covered by food stamps.

Donate warm blankets, heaters, or fans for those who have no other way to keep warm in the winter or cool in the summer.

Holiday Giving. Donate a ham or turkey or food basket. Participate in the Adopt-a-Family and Giving Tree so that clients and their families can receive something new during the Christmas Season.

Shop our Thrifty Hanger thrift stores The money we raise helps fund our programs.

Attend a fundraiser, or ask your company to sponsor an event. Sign up to receive our printed or electronic newsletters and event information on feed-my-people.org or 314-631-4900.

Planned Giving. Through a planned gift to Feed My People, you can do all this:

- Eliminate capital gains tax on assets.
- Receive a significant income tax deduction.
- Lower your estate tax bill.
- Transfer your maximum estate value to heirs.
- Increase possible gifts to grandchildren.
- Make a meaningful gift that significantly furthers the work of Feed My People.
- Leave the world better than you found it.