

# Manna Messenger



A Feed My People Publication January - February 2024

## Because of you...

### Letter from Feed My People staff

Feed My People wishes you a happy New Year! We hope you had a Merry Christmas and we are looking forward to what the new year will bring, and how we, as a community can serve His people, particularly His people in need. We are anticipating another successful year at Feed My People. We've had a few implements such as both locations officially offering the Client Choice pantry, where clients are able to select the food items themselves, and the Transformation Program, where clients are provided with a variety of services to support their needs.

As we start 2024, we would like to give out sincere thanks for the great impact you've had in the last few months of 2023. Your support in organizing many food drives and donations for our End-of-Year Appeal was tremendously impactful. We thank you for your generosity.

Further good news, we'd like to let you know of a few events to keep on your radar. Our annual Manna March returns on April 21st at Jefferson Barracks Park. The crowd favorite Chef's Challenge will occur in July. Our first annual Golf Tournament will be on October 21st at Lake Forest Golf and Country Club. Sponsorship opportunities will be available for all the above mentioned events. We are thrilled to see the community come together once again to help us fight food insecurity.

We are also bringing back our Feed My People Cookbook. We are requesting that you send in your family's special recipes or your own favorite to include in the cookbook. We're looking forwards to sharing your recipes.

While we have much to look forward to this year, we hope that you will play a part in our work. Whether that may be volunteering, organizing a food or personal care drive, or donating. We greatly appreciate your support as it enables us to serve others.

Blessings,

Feed My People staff

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*"And God is able to bless you abundantly, so that in all things at all times, having all that you need, you will abound in every good work."*

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2 Corinthians 9:8



Staff at Holiday Party

## Thrifty Hanger

Find all your winter needs at our Thrifty Hanger thrift stores!  
Open to the public!



### Store Hours



**High Ridge**  
**Monday-Friday**  
10am - 3:30pm  
**Saturday**  
9am - 3pm  
**Sunday**  
Closed

**South County**  
**Monday-Friday**  
9:30am - 3:30pm  
**Saturday**  
9am - 3pm  
**Sunday**  
Closed

## Feed My People

A Christian Interdenominational Help Center showing God's love and compassion for God's people in need.

### South County Office

171 Kingston Drive  
St. Louis, MO 63125  
(314) 631-4900  
Fax (314) 631-7930

### High Ridge Office

3295 Ottomeyer Road  
High Ridge, MO 63049  
(636) 677-9885  
Fax (636) 677-8691

### Website

www.feed-my-people.org

### Email

info@fmpstl.org

### Executive Director

Stephanie Berberich

### Editor

Scarlet Montilla

## Programs

### Transformation Program

Our Transformation Program is a holistic, new service to help clients identify needs beyond food. It's a comprehensive referral service that assists clients with:

- Utility Assistance
- Rental Assistance
- Health & Wellness Assistance
- Emotional Distress
- Spiritual Distress

### Client Choice Program

Emergency and Long Term Food Assistance

- **Job Counseling**
  - Computer Lab
- **Thrift Stores**
  - Open to the Public
- **Healthy Family Program**
  - Personal Care Items, Clothing Assistance, Eldercare Assistance
- **Healthy Kids Program**
  - School Supplies, New Shoes
  - Birthday Room
- **Healthy Homes Program**
  - Heater, Blankets, Fans
  - Utility Assistance
- **Christmas Programs**
  - Adopt-A-Family, Giving Tree

# What's Going On In The Community?

## Food Drives, Food Drives, and more Food Drives!

The outpouring support of businesses, churches, and schools organizing food drives is incredible! So much food was collected and donated in the past two months and we cannot be more blessed.

Through your efforts, over 9,000 lbs. of food and personal care items were donated during the holiday season.

We are very thankful to all our supports for their effort and donation. If you are interested in organizing a food drive, please contact Scarlet at scarletm@fmpstl.org



Queen of All Saints students

## Volunteer Holiday Party

To thank our volunteers, we ended the year with holiday parties at each site! Feed My People volunteers dedicate their time and talents to help us fight hunger. We are grateful for their support.

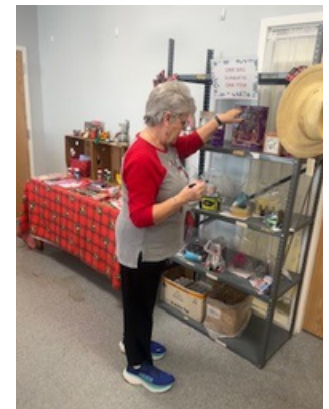


Volunteers at holiday party

## Transformation at it's Best

Volunteers helped set up our annual Giving Tree. We cannot thank our volunteers enough for all their hard work! Their support helped us make the holiday season truly special for our clients. Thank you to our donors who brought in gifts and gift cards.

We helped a client, whom is a grandfather of three young children. After shopping for a few items, he came back in and tearily told us how thankful he is for our holiday program because he wouldn't have been able to provide gifts for his grandchildren.



Volunteer working in Giving Tree

# Events & Programs



## Holiday Shopping Kickoff

We've wrapped up the year with a shopping event at both thrift store locations!

Over 100 shoppers were in attendance, we had a surprise visit from Santa Clause, delicious refreshments, door prizes, and so many gift baskets were for sale! We were delighted to see some familiar and new faces at our thrift stores!

We hope to plan future shopping events due to your incredible participation and feedback!



All above pictures show attendees at Holiday Shopping Kickoff



## MEAL-A-MONTH MAKE A DIFFERENCE TO FEED THE HUNGRY

\$12 feeds a family of 4 per meal. Imagine how many meals you can provide to help us feed 1,600 individuals a week.

### 3 EASY STEPS

1. Grab a yellow bag from your church or business
2. Fill it with meal suggestions provided
3. Return to church/business for pickup

More Information  
[www.feed-my-people.org](http://www.feed-my-people.org)  
314-631-4900

## The Need For Food Meal-A-Month

**Meal-A-Month**, is an easy way to support our food pantry. Your business or church will be provided with yellow collection bags. These bags provide a list of essential items to fill our pantry. Your employees or congregation would fill up a bag and drop it off. At the end of the month, Feed My People will send drivers to pick up all of the items collected.

This is an ongoing program as the need for food is never ending especially for our clients. If your business or church would like to join this food program, please contact [scarletm@fmpstl.org](mailto:scarletm@fmpstl.org) to get started.

# Memorials

- Joseph Sind**  
Janice Cocayne  
Lauren Ellenbecker  
Mary Lee  
Ginny Eason  
Kathy Bommarito
- Steve Crouch**  
Judith Wyeth
- DeLura Brummet**  
Paul & Jackie Smith
- Lambert Roy**  
Pat Roy
- Dorothy Meissner**  
Kathleen Swayne
- Jennifer Kirsten Rhea**  
John & Charissa Clark
- Curt Kohring**  
Marlene Vogelsand  
Holy Trinity Lutheran Church  
Megan Crane  
Jennifer Buchek  
Nell Kuhn  
Charles Huddleston  
John & Carol DeGuire  
Mary Ludwig  
Kristy Stuber  
Marilyn Meyer  
Lorraine McDougall  
Sandy Kohring  
Mary Verbeck  
Nancy Ron Wildberger
- Brad Carson**  
Joan Carson
- JoAnn Hoppe**  
Mark Pappaspanos  
Nelda Devine
- Jack Bowie**  
John & Elaine Bowie
- Jack Daniels**  
Bert Daniels
- Mary Ann Akers**  
Kathleen Swayne
- Dick & June Stoliniski**  
Tom & Karen Jacobi
- Richard Schweppe**  
Ruby Schweppe
- Ben & Steve Ferris**  
Michelle Nichols
- Elizabeth & Jay Meyer**  
Linda Meyer
- Thomas Monroe**  
Nick & Bonnie Dattoli
- Robert Zaruba**  
Frederick C. & Janet L. Horner

- Janice Kroeger**  
Andreas & Deborah Aumer
- Phyllis Powers**  
H. Joe & Laura Stirmlinger Jr.
- Clifford Underwood**  
Gloria Underwood
- Bill Compton**  
Judy Ann Compton
- George Hettenhausen**  
Allan Belko  
Jim & Shirley Arbet
- Nancy Berry**  
Mary & John Layton
- Edwin & Wanda Fiehler**  
John & Corrine Dolan
- Henry & Rose Von Rohr**  
Joyce Gray
- James Degnan**  
Robert & Joan O'Brien  
Criminal Justice Ministry
- Wayne Schlichting**  
Robert Hrnicek
- Carolyn Cofman**  
Cheryl Penning
- Paul & Dorothy Welker**  
Cletus M. & Rebecca Schnurbusch
- Jayne Wright**  
Matt Rigney
- Bill Walsh**  
James & Pat Trelford
- Les Dietrich**  
Warren Stuckmeyer
- Gabrielle Christiansen**  
Carolyn Christiansen
- Kathy & Nel Schaefer**  
Nancy McMillan
- Diane Thomsen**  
Carl Schench  
Lisa Holderle
- Janet Peckham**  
Duane & Joann Evans
- Virginia Engel**  
Robyn Abbruscato
- Kevin Mullane**  
Daniel & Kathryn Arbini
- Fr. Jacob Braun**  
Daniel L. & Peggy A. Buechler
- Joseph & Kathy Schuster**  
Mary Schuster
- Linda Meyer**  
Dick & Leslie Renz
- Mr. & Mrs David Lanius, Peter Mead, Mr. & Mrs. David Mead,  
Mr. & Mrs. Julian Meyerstrom**  
Ellen Hilgendorf-Mead

# Tributes

- Mike Ilten**  
Diane Neuhaus
- Sarah David Morrison**  
Affton Christian Church Disciples of Christ
- Patricia Griffero**  
John & Beverly Dauernheim
- Tony & Barb Noronha**  
Joseph Hagan
- Dina Stymiest**  
Steven Tomasella  
Silvio Tomasella  
Renato, Carol, Michele, Renee & Marla
- Kim Valle**  
Thomas Tucker
- Anna Niemczyk**  
Theresa M. Hess
- Donna Lee Stockglausner**  
Marilyn Rogers
- Kelly Stewart**  
Karen L. Berendt Gant




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***'He will wipe every tear from their eyes.  
There will be no more death' or  
mourning or crying or pain, for the old  
order of things has passed away.  
Revelation 21:4***

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*\*As of 12/20/2023*

## Memorials/Tributes Program

Enclosed is my gift of \$ \_\_\_\_\_  
 In **Memory** or in **Honor** of (Circle One) \_\_\_\_\_  
 In Honor of (Occasion) \_\_\_\_\_  
 Please Send Notification To: \_\_\_\_\_  
 Email: \_\_\_\_\_

Your Name \_\_\_\_\_  
 Email \_\_\_\_\_  
 Phone \_\_\_\_\_  
 Address \_\_\_\_\_  
 City, State, Zip \_\_\_\_\_