

# Manna Messenger



A Feed My People Publication January - February 2025

## Because of you...

I hope everyone had a Merry Christmas. I would like to wish all of our clients, volunteers, and donors a Happy and Prosperous New Year. As we step into the New Year, I would like to take a moment to reflect on the incredible impact we've made together in the past year and share our hopes for the future.



Because of you...2024 was a year marked by community partnerships, and the commitment of our supports, volunteers, and staff. We were able to transform lives at both sites by holistically serving over 1,000 households. Our Transformation Program(s) provided children with new shoes for school, helped secure permanent housing for many in the unhoused community, prevented the disconnection of utilities for many families, and so much more. Through Adopt-a-Family and Giving Tree, we were able to make Christmas special for all of our clients.

In 2025, we are looking forward to developing new initiatives and partnerships, and look forward to engaging with more of you as we continue to be a source of support for those in need. With your continued help, we will develop and expand new services, and ensure that dignity is preserved and hope is embraced.

Thank you for being a part of our community's effort to show God's love and compassion to all His people, particularly His people in need.

Stay tuned to see the excitement 2025 will bring to Feed My People and our community.

Many Blessings,

*Stephanie Berberich*

Stephanie Berberich  
Executive Director

*"I know the plans I have in mind for you, declares the Lord; they are plans for peace, not disaster, to give you a future filled with hope."*

*Jeremiah 29:11*



FEED MY PEOPLE STAFF

## Thrifty Hanger

**\$5 off your \$20+ purchase**

Offer valid only 1/2/25-2/28/25.  
Limit one per customer.  
Cannot be used with other Thrifty Hanger coupons.

**COUPON**



### Store Hours



**High Ridge**  
Monday-Friday  
10am - 3:30pm  
**Saturday**  
9am - 3pm  
**Sunday**  
Closed

**South County**  
Monday-Friday  
9:30am - 3:30pm  
**Saturday**  
9am - 3pm  
**Sunday**  
Closed

## Feed My People

A Christian Interdenominational Help Center showing God's love and compassion for God's people in need.

### South County Office

171 Kingston Drive  
St. Louis, MO 63125  
(314) 631-4900  
Fax (314) 631-7930

### High Ridge Office

3295 Ottomeyer Road  
High Ridge, MO 63049  
(636) 677-9885  
Fax (636) 677-8691

### Website

www.feed-my-people.org

### Email

info@fmpstl.org

### Executive Director

Stephanie Berberich

### Editor

Scarlet Montilla

## Programs

### Transformation Program

Our Transformation Program is a holistic, new service to help clients identify needs beyond food. It's a comprehensive referral service that assists clients with:

- Utility Assistance
- Rental Assistance
- Health & Wellness Assistance
- Emotional Distress
- Spiritual Distress

### Client Choice Program

Emergency and Long Term Food Assistance

- **Job Counseling**
  - Computer Lab
- **Thrift Stores**
  - Open to the Public
- **Healthy Family Program**
  - Personal Care Items, Clothing Assistance, Eldercare Assistance
- **Healthy Kids Program**
  - School Supplies, New Shoes
  - Birthday Room
- **Healthy Homes Program**
  - Heater, Blankets, Fans
  - Utility Assistance
- **Christmas Programs**
  - Adopt-A-Family
  - Giving Tree

# What's Going On In The Community?

## Volunteer Holiday Party

To thank our volunteers, we ended the year with holiday parties at each site! Feed My People volunteers dedicate their time and talents to help us fight food insecurity. We are grateful for their support.



## Holiday Programs

We cannot thank our volunteers enough for all their hard work in running our Adopt-a-Family and Giving Tree programs! Their support helped us make the holiday season truly special for our clients. Also, thank you to our donors for dropping off toys and other items in support.



## Coming Full Circle

A donor came to drop off food supplies. While helping him unload, we learned that he was a former client from a few years ago. He was facing health issues and unemployment. With our support he was able to turn things around. Now that he is doing better, he's decided to pay it forward and donate food for other clients.

## Transformation at it's Best

We recently received a touching letter from a past client that reminds us of the profound impact our support can have during times of hardship. This client, who faced a difficult period with her family, took a moment to express her heartfelt gratitude for the kindness and support she received from Feed My People. In her letter, she shared how our organization provided more than just food, we provided hope and comfort. Her words served as a powerful reminder of the importance of our mission and transformative power of compassion.

**2nd Annual  
Golf Tournament  
is on  
Monday, September 22, 2025**

**SPONSORSHIPS ARE  
NOW AVAILABLE!**

# Events & Programs

## Sip N' Shop



We ended 2024 with a fun-filled shopping event at the Thrifty Hanger! We had a surprise visit from Santa Clause, delicious refreshments, door prizes, and so many gift baskets were for sale! We were delighted to see some familiar and new faces at our thrift stores. Thank you to our volunteers for their hard work that brought joy to our shoppers!



All above pictures show attendees at Sip N' Shop

## The Need For Food Meal-A-Month



### MEAL-A-MONTH MAKE A DIFFERENCE TO FEED THE HUNGRY

\$12 feeds a family of 4 per meal. Imagine how many meals you can provide to help us feed 1,600 individuals a week.

#### 3 EASY STEPS

1. Grab a yellow bag from your church or business
2. Fill it with meal suggestions provided
3. Return to church/business for pickup

**Meal-A-Month**, is an easy way to support our food pantry. Your business or church will be provided with yellow collection bags. These bags provide a list of essential items to fill our pantry. Your employees or congregation would fill up a bag and drop it off. At the end of the month, Feed My People will send drivers to pick up all of the items collected.

This is an ongoing program as the need for food is never ending especially for our clients. If your business or church would like to join this food program, please contact [scarletm@fmpstl.org](mailto:scarletm@fmpstl.org) to get started.

# Memorials

- Angie Kiely**  
Nick & Bonnie Dattoli
- Anne Wilder**  
Marc & Margaret Poulin
- Barbara Ann Nooter**  
Larry G. Smethers
- Ben & Steve Ferris**  
Michelle Nichols
- Beverly Brown**  
Melvin & Patricia Robidoux
- Bill & Val Roelle**  
Ellen Roelle
- Bill Sutton**  
Katy Sutton
- Carol Zabrowski**  
Ellen Roelle
- Clifford Underwood**  
Gloria Underwood
- Curtis Kohring**  
Dr. Sheila Kohring
- Deborah Baker-Layton**  
Feed My People
- Dorothy Meissner**  
Kathleen Swayne
- Elizabeth & Jay Meyer**  
Linda Meyer
- Frank & Helen Jamroz**  
Len Panneri
- George Sandusky**  
Phyllis Sandusky
- Henry & Rose Von Rohr**  
Joyce Gray
- Howard Coudle**  
Jeff & Patti Carr
- Irene Ohlemeyer**  
William Stephen Ohlemeyer
- Jacobs Rhodes**  
Diana Elliott
- Janice Kroeger**  
Andreas & Deborah Aumer
- Jennifer Kirsten Rhea**  
John & Charissa Clark

- Kevin Jones**  
Douglas & Cynthia Laudel
- Lambert Roy**  
Pat Roy
- Les Schaefer**  
John & Natalie Schaefer
- Marvin Soehren**  
John & Natalie Schaefer
- Mary Ann Akers**  
Kathleen Swayne
- Mary Waller**  
Nancy McMillan
- Nancy Heilman**  
Len Panneri
- Pat & Larry Tate**  
James Henry
- Phyllis Powers**  
Thomas Powers  
Harold and Laura Stirmlinger
- Raymond & Wilma Beiter**  
Richard & Laura Weiss
- Roxanne Rawlings**  
Charles Luck
- Russell Strohmeier**  
Mary Fraizer
- Terry Teal**  
Judith Smith
- Theresa Panneri**  
Len Panneri
- Jerry Thompson**  
Nancy McMillan
- Joseph Chiecsek**  
Donna Linderer

# Tributes

- Ed & Carol Kurmann**  
Curt & Cheri Whisler
- Joe & Kathy Schuster**  
Annette Schuster
- Joe Richardson**  
Ann Corrigan
- Robert Zaruba**  
Frederick & Janet Horner
- Ann Kohring**  
Dr. Sheila Kohring

\*As of 12/20/2024

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*'He will wipe every tear from their eyes. There will be no more death' or mourning or crying or pain, for the old order of things has passed away.*  
**Revelation 21:4**

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**Please consider us in your estate planning.**

## Memorials and Tributes

Enclosed is my gift of \$ \_\_\_\_\_  
 In **Memory** or in **Honor** of (Circle One)  
 \_\_\_\_\_  
 Name  
 In Honor of (Occasion) \_\_\_\_\_  
 Please Send Notification To: \_\_\_\_\_  
 Email: \_\_\_\_\_  
 Address: \_\_\_\_\_  
 City, State, Zip \_\_\_\_\_

Your Name \_\_\_\_\_  
 Email \_\_\_\_\_  
 Phone \_\_\_\_\_  
 Address \_\_\_\_\_  
 City, State, Zip \_\_\_\_\_

**Please Mail to:**  
 171 Kingston Dr.  
 St. Louis, MO 63125



**FMP  
Manna**

An Automatic, Online  
Giving Program

- Easy
- Flexible
- Safe & Secure

You Name the Amount and  
Frequency of Your Gift