

Manna Messenger



A Feed My People Publication July - August 2023

Because of You...

Chef's Challenge



Guests at the Chef's Challenge

Happy Summer! We are so excited to share that our fan-favorite event, The Chef's Challenge, was a success! It's a friendly competition in which local chefs created delicious meals only using ingredients found in our food pantry. Guests were then able to sample each chef's dish and vote for their favorite.

We had five wonderful chefs:
Chef Joe Suegrim from Orlando's
Chef Jesus Lopex from Michael's Bar and Grill
Chef Bob from Mannecke from Mann Meats
Chef Brett Syberg from Syberg's
Chef Stewart Barteau from Olive + Oak

The fan-favorite winner was Chef Bob Mannecke and he was presented with the "Feed My People: 2023 Chef of the Year!" Award.

The 140 guests that were in attendance were able to enter into a 50/50 raffle and participate in a few auctions like the silent auction, wine pull, dessert auction, and more! Our wonderful sponsors were River City Casino, Master Clean, and Patrick's Wrought-Iron Services.

Thank you to our participating chefs, attendees, and sponsors. We hope to see you all again at the next Chef's Challenge and our upcoming events.



Guests at the Chef's Challenge



Stephanie Berberich with welcome remarks

To learn more, or to make a gift, visit
www.feed-my-people.org/give
or Scan this
QR Code!



Thrifty Hanger

Store Hours

Find all your summer needs at our Thrifty Hanger thrift stores! It is open to public! Check out our hours below!



High Ridge
Monday-Friday
10am - 3:30pm
Saturday
9am - 3pm
Sunday
Closed

South County
Monday-Friday
9:30am - 3:30pm
Saturday
9am - 3pm
Sunday
Closed



Feed My People

A Christian Interdenominational Help Center showing God's love and compassion for God's people in need.

South County Office

171 Kingston Drive
St. Louis, MO 63125
(314) 631-4900
Fax (314) 631-7930

High Ridge Office

3295 Ottomeyer Road
High Ridge, MO 63049
(636) 677-9885
Fax (636) 677-8691

Website

www.feed-my-people.org

Email

info@fmpstl.org

Executive Director

Stephanie Berberich

Editor

Scarlet Montilla

Programs

Transformation Program

Our Transformation Program is a holistic, new service to help clients identify needs beyond food. It's a comprehensive referral service that assists clients with:

- Utility Assistance
- Rental Assistance
- Health & Wellness Assistance
- Emotional Distress
- Spiritual Distress

Client Choice Program

Emergency and Long Term Food Assistance

- **Job Counseling**
 - Computer Lab
- **Thrift Stores**
 - Open to the Public
- **Healthy Family Program**
 - Personal Care Items, Clothing Assistance, Eldercare Assistance
- **Healthy Kids Program**
 - School Supplies, New Shoes
 - Birthday Room
- **Healthy Homes Program**
 - Heater, Blankets, Fans
 - Utility Assistance
- **Christmas Programs**
 - Adopt-A-Family, Giving Tree

What's Going On In The Community?

Lemay Building Updates

Our Lemay location is undergoing a few renovations. We are getting the floors in the pantry redone on June 15th and 16th. This will not have a hinderance on being able to serve our clients but, it will put a temporary hold on client choice for the duration. Clients will be unable to select pantry items on their own and will instead receive a pre-packaged box. On the right, is an image of our pantry cleared out before the new flooring is placed.

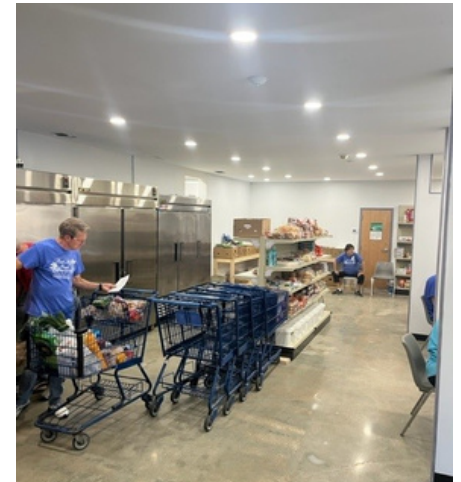


Client Choice at High Ridge!

As you all know, our Lemay location successfully became a client choice food pantry last Fall. Our second location at High Ridge is now also client choice! Both pantries can now empower and inspire our clients by letting them choose the food they want. They will work personally with a coach and receive one-on-one help to overcome challenges. This will enable our members to receive more holistic community services from Feed my People. By giving them the choice to choose, they have access to better nutrition. It encourages clients to become more independent and gain a sense of self-worth.



Shoppers getting groceries



Volunteers (in blue shirts) working in the pantry

Events & Programs

Annual MANNA MARCH
Walk Against Hunger

GEORGE HUBERT HEART AWARD

To Support Feed My People
SUNDAY SEPTEMBER 24TH
NOON-3PM

Jefferson Barracks
Gold Star Pavilion
345 N. Road, St.Louis, MO 63125

REGISTRATION \$30 PER WALKER
INCLUDES T-SHIRT

DON'T WANT TO WALK?
BE A VIRTUAL WALKER \$10

REGISTER ONLINE AT:
www.feed-my-people.org/events

FOR QUESTIONS CONTACT:
JoshuaJ@fmpstl.org
(314) 631 4900

SPONSORSHIP OPPORTUNITIES AVAILABLE

Brats, Healthy Snacks, Water & Soft Drinks Provided!

Manna March

On Sunday, September 24th, we are hosting the annual Manna March at Jefferson Barracks Park. It was started by our founders Carol and John DeGuire. We welcome you to join us in our walk against hunger.

Registration for walkers is \$30 and includes a t-shirt. If you are unable to attend in-person, consider becoming a virtual walker for only \$10. Brats, healthy snacks, water and soft drinks will be offered for all participants.

We will present the George Hubert Heart Award to the organization that registers the largest amount of walkers. Sponsorship opportunities are also available. We hope to see the community come together once again to support our cause.

For more info, please visit www.feed-my-people.org/events.

Remember the LORD your God, for it is he who gives you the ability to produce wealth.
Deuteronomy 8:18

The Need For Food

The need for food and personal care items increases each and every day for our clients. Consider hosting a Food & Personal Care Drive on behalf of Feed My People!

We will provide you with signage as well as barrels to collect the donations. Additionally, we will schedule a time for our organization to pick up all donations at the conclusion of your drive.

Times are becoming challenging for our clients, and we want to do everything we can to alleviate some of these burdens. Help us fill our shelves so we can feed our neighbors!

To host a food drive, please email us at info@fmpstl.org.

You shall give to him freely, and your heart shall not be grudging when you give to him, because for this the Lord your God will bless you in all your work and in all that you undertake.

Deuteronomy 15:10

Fill Our Shelves, Feed Our Neighbors
Food & Personal Care Drive

Canned Meats	Toilet Paper
Soups	Toothpaste
Canned Stew	Toothbrushes
Canned Vegetables	Shampoo
Canned Fruit	Conditioner
Powdered Milk	Shaving Cream
Cereals (Hot & Cold)	Body Soap
Peanut Butter	Hand Soap
Jam & Jelly	Laundry Detergent
Pasta	Dish Soap
Rice & Beans	Hand Lotion
Baby Food	Adult Diapers
Baby Formula	Cleaning Supplies
Baby Lotion	School Supplies
Baby Diapers	Electric Fans
	Blankets

Memorials

- George Hettenhausen**
Cecelia Piekarski
- LaVerne Valenti**
SuzyAnne Althoff
Jayne-Anne Guzy
- Leo Valla**
Carl and Dorthy Light
- Linda Jokerst**
Mrs. Marilyn L Ottenad
Don & Marilyn Weber
- Lloyd Fieher**
Grace Fiehler
- Loretta Schumacher**
Ralph & Joanna Harr
- Maria Smith**
Pam Capps
Mary Hettenhausen
- Marian 'Mary' Welz**
Michael & Gloria Brinker
John Garavaglia
Sondra Lebbing
Cindy Markus
Toby & Kay Poppen
Andrew Welz
Joan Deelo
Paula M Harris
Ed Hill
Tom Alison Talbot
Toni M Crawford
Daniel J Heaghney
Steve Orlando
- Marion Sims**
James & Carol Brooks
Lisa May
Betty Meyer
Donald & Susan Sopousek
David Vielhaber
- Mary Ann Akers**
Kathleen Swayne
- Norma Thiel**
Holly Bird
- Pam Spiros**
John & Elaine Bowie
- Patricia 'Pat' Mazanec**
Mother's Club
Joan Williams

- Patricia Ann Grimshaw**
Sandra & Thomas Wiethop
- Patricia Wieczorek**
Thomas Wieczorek
- Paul & Dorothy Welker**
Cletus & Rebecca Schnurbusch
Larry & Bonnie Wibbenmeyer
Brian Welker
Mr. & Mrs. Clete R Welker
- Phyllis Powers**
H. Joe & Laura Stirmlinger, Jr.
- Richard Schweppe**
Ruby Schweppe
- Richard Seibel**
Pat Seibel
- Robert Sontag**
Maureen Borkowski
- Sharron Doerre**
Judith Nichols
- Steve Crouch**
Mary Reinke Jackson
Teddy Brannon
Adele Carey
Dee Harvill
Rev. Dr. Alvin & Marilyn Horst
Sharon L. LaRue
Karen Miller
Marcella Petzchen
Lee Bascom
Rodger & Paula Riney
Gary Eugene Weaver
Jane Fisher Orling
Donna Shelmire
Mark H. Spurrier
- Susan Berra**
Don Berra Jr.
- Susan Saxton**
Alan & Majorie Carter
- Susan Smith**
Dolores Weber
- Thomas Gilmore**
Carolyn Gilmore
- Willard Gibson**
John & Elaine Bowie
- William Feiner**
Dan & Pat Cerone

Tributes

- All Feed My People Volunteers**
Stephanie Berberich
- Alberta Buchanan**
Catherine Mullins
- Betty Hood**
Patrick Lind & Nancy Weiford
- Betty Juengst**
Ann Mete
- Dan Collard**
Thomas Maschek
- Diane Wingbermuehle**
Patricia Nichols
- Herberholt Families**
Bob & Paulette Herberholt
- Steve & Shirley Rauh**
John & Carol Deguire
- Dan Robin Collard**
Walter & Anita Werner
- Ivy Baebler**
Brian & Mary Ann Symsack

'He will wipe every tear from their eyes. There will be no more death' or mourning or crying or pain, for the old order of things has passed away.
Revelation 21:4



*As of 6/14/2023

Memorial/Tribute Program

Enclosed is my gift of \$_____

In **Memory** or in **Honor** of (Circle One)

In Honor of (Occasion)

Please Send Notification To:

Be a FMP Recurring Donor!

An Automatic, Online Giving Program

- Easy
- Flexible
- Safe & Secure



Click **DONATE** on the FMP Website to Name the Amount and Frequency of your Gift

Your Name _____

Email _____

Phone _____

Address _____

City, State, Zip _____