

Manna Messenger



A Feed My People Publication September - October 2023

It's the 20th Anniversary!

Manna March



REGISTER ONLINE AT:
www.feed-my-people.org/events

FOR QUESTIONS CONTACT:
JoshuaJ@fmpstl.org
(314) 631 4900

SPONSORSHIP OPPORTUNITIES
AVAILABLE



Brats, Healthy Snacks, Water
& Soft Drinks Provided!

To Support Feed My People

SUNDAY
SEPTEMBER 24TH
NOON-3PM

Jefferson Barracks
Gold Star Pavilion
345 N. Road, St. Louis, MO 63125

REGISTRATION \$30 PER WALKER
INCLUDES T-SHIRT

DON'T WANT TO WALK?
BE A VIRTUAL WALKER \$10

Our Annual Manna March is back and it's the 20th anniversary of this amazing event! It was created by our founders John and Carol DeGuire and it's our longest running fun-raiser! The Manna March is a walk to raise funds for food and provide emergency help services to our neighbors in need and to promote awareness throughout the community.

Participating is easier than ever. We are asking that you sign up to register on our website. You can walk as an individual or with a group. The group with the largest number of walkers will receive the George Huber Heart Award. We are also returning to Jefferson Barracks Park at the Gold Star Pavilion.

There are also sponsorship opportunities. More information can be found on our website or you can contact us to get started.

I would love to see our volunteers, partners, supporters, and community come together to celebrate this milestone!

Many Blessings,

Stephanie Berberich

Stephanie Berberich
Executive Director

As each has received a gift, use it to serve one another, as good stewards of God's varied grace.

1 Peter 4:10

Thrifty Hanger Store Hours

Find all your summer needs at our Thrifty Hanger thrift stores! It is open to public! Check out our hours below!

High Ridge
Monday-Friday
10am - 3:30pm
Saturday
9am - 3pm
Sunday
Closed

South County
Monday-Friday
9:30am - 3:30pm
Saturday
9am - 3pm
Sunday
Closed

Donations

Limit of 8 bags/boxes per visit. For large donations, please call the site prior to drop off.

We do not accept mattresses, CRT TVs, hazardous materials or construction items.



Feed My People

A Christian Interdenominational Help Center showing God's love and compassion for God's people in need.

South County Office

171 Kingston Drive
St. Louis, MO 63125
(314) 631-4900
Fax (314) 631-7930

High Ridge Office

3295 Ottomeyer Road
High Ridge, MO 63049
(636) 677-9885
Fax (636) 677-8691

Website

www.feed-my-people.org

Email

info@fmpstl.org

Executive Director

Stephanie Berberich

Editor

Scarlet Montilla

Programs

Transformation Program

Our Transformation Program is a holistic, new service to help clients identify needs beyond food. It's a comprehensive referral service that assists clients with:

- Utility Assistance
- Rental Assistance
- Health & Wellness Assistance
- Emotional Distress
- Spiritual Distress

Client Choice Program

Emergency and Long Term Food Assistance

- **Job Counseling**
 - Computer Lab
- **Thrift Stores**
 - Open to the Public
- **Healthy Family Program**
 - Personal Care Items, Clothing Assistance, Eldercare Assistance
- **Healthy Kids Program**
 - School Supplies, New Shoes
 - Birthday Room
- **Healthy Homes Program**
 - Heater, Blankets, Fans
 - Utility Assistance
- **Christmas Programs**
 - Adopt-A-Family, Giving Tree

What's Going On In The Community?

High Ridge Feel Good Story

We have a pastor that frequently visits the Thrifty Hanger at High Ridge. This time, he arrived with 3 young ladies; ages 8, 10, and 15. They were rescued from an abusive home and only had the clothes on their back. Our lovely store volunteers provided them with a shopping spree and each young lady was given a personal shopper to assist them. They left 2 hours later with smiles on their faces. A couple of days later, the pastor provided us with a great update. The young ladies are living together in a safe, happy environment!

Volunteers

As you all know, volunteers make the world of Feed My People go round. We could not serve the South County or High Ridge community without our hundreds of volunteers. Over the summer, we've had multiple groups of young kids from YouthWorks volunteer in our pantry and thrift stores. They are a Christ-centered organization that provides mission groups for thousands of kids in which they travel around the country to service a variety of communities.

If you are interested in volunteering at High Ridge or South County, contact Carrie LaChance at (314)631-4900 x 313 or carriel@fmpstl.org. We'd love to have you!



All above pictures are volunteers from FMP and YouthWorks

Events & Programs



Volunteer for Shop Out Hunger



Staff helping for Shop Out Hunger



Donations from Crosspoint Church



Donations from Crosspoint Church

Recent Food Drives

Shop Out Hunger, a partnership with Operation Food Search, was on August 12. FMP was assigned 5 different grocery stores to collect donations from shoppers to support our food pantries. Shoppers at The Price Chopper in House Springs and Schnucks at Butler Hill, Lemay, Grasso, and South Lindbergh were provided with a shopping list and asked to consider supporting. We collected a total of 2,202 food items. Thank you to everyone that shopped for us!

Crosspoint Church has supported us for many years. Bob Zaruba, our Board President and a Crosspoint member organizes a monthly Bumper to Bags event and in August, they collected 1 ton (over 2,000 pounds) of food for Feed My People! Also, during the churches' last week of summer camp, the children competed against each other to see which team could collect the most canned goods. The kids collected 4,098 items of food. Thank you Crosspoint Church for your continued support!

To learn more, or to make a gift, visit www.feed-my-people.org/give or Scan this QR Code!



Remember the LORD your God, for it is he who gives you the ability to produce wealth.
Deuteronomy 8:18

The Need For Food

The need for food and personal care items increases each and every day for our clients. Consider hosting a Food & Personal Care Drive on behalf of Feed My People!

We will provide you with signage as well as barrels to collect the donations. Additionally, we will schedule a time for our organization to pick up all donations at the conclusion of your drive.

Times are becoming challenging for our clients, and we want to do everything we can to alleviate some of these burdens. Help us fill our shelves so we can feed our neighbors!

To host a food drive, please email us at info@fmpstl.org.

You shall give to him freely, and your heart shall not be grudging when you give to him, because for this the Lord your God will bless you in all your work and in all that you undertake.

Deuteronomy 15:10



171 Kingston Drive
St. Louis, MO 63125

3295 Ottomeyer Road
High Ridge, MO 63049



FILL OUR SHELVES FEED OUR NEIGHBORS

CANNED MEATS
SOUPS
CEREAL
PASTA & PASTA SAUCE
RICE & BEANS
CANNED FRUIT/VEG
PEANUT BUTTER
JELLY
CANNED STEW
POWDERED MILK
BABY FOOD
BABY FORMULA

TOILET PAPER
TOOTH PASTE
TOOTH BRUSH
DEODORANT
BODY SOAP
SHAMPOO/CONDITIONER
SCHOOL SUPPLIES
BLANKETS
DIAPERS
FANS
CLEANING SUPPLIES

Memorials

Ann Thiemann
Concord Trinity United Methodist Church

Arlene Deech
Judith Zalner

Bernard Elking
Richard & Kathy Sartori

Betty Rabenau
Concord Trinity United Methodist Church

Boyd Gormley
Concord Trinity United Methodist Church

Christina Marie Theodore
Sue A Adams
Tami Bishop
Pam Capps & Dan Mueller
Linda Zilch and Roy Caton
Marilyn Conrad
Robert & Mary Crets
Ron Hawkins
Mary Hettenhausen
Denise Julia Huber
Jo Ann Kampman
Jane Keuss
Sharon Komerous
Keith Krebeck
Laura Needman
Colleen Oaks
Bonnie Portell
Joe Richardson
Lloyd & Diana Rudloff
Cindy & Roger Ryan
Judy Schlichting
Gloria Sinamon
Shirley Walz
Ric & Cindy Weinstein
Joe & Carolyn Winkler
Tina D Seitzinger Keeley
Kris Turin

Connie Meyer
Concord Trinity United Methodist Church

Elaine Wood
Chris Capstick

Frank & Flora Bild
Karen Bild

Frances Durnil
Carol Foote

Hale Robert
Concord Trinity United Methodist Church

Henry & Rose Von Rohr
Joyce Gray

Jessica Leigh Sachs
Stephen & Karen Sachs

John Klein
Robert & Susan Ruzicka

LaVerne Valenti
Jeanne M. Vogt

Maureen Foley
Daniel L. & Peggy A. Buechler

Nina Brady
Concord Trinity United Methodist Church

Michael McBride
Concord Trinity United Methodist Church

Hale Robert
Concord Trinity United Methodist Church

Karen Duncan
Concord Trinity United Methodist Church

Patricia Ann Tate
Chris Capstick
Jimmie & Debra Curry
Jim & Carol Henry
Doris Meyer
Carol Dejno

Paul & Dorothy Welker
Brian Welker
Cletus M. & Rebecca Schnurbusch

Pauline Brennan
Rev. Dr. Alvin and Marilyn Horst

Ralph Beukman Sr.
Concord Trinity United Methodist Church

Richard Lancaster
Concord Trinity United Methodist Church

Richard Schewppe
Ruby Schewppe

Robert Johnson
Concord Trinity United Methodist Church

Rosie Neathery
Concord Trinity United Methodist Church

Shirley Mizell
Concord Trinity United Methodist Church

Art Zinselmeyer
David & Jeanne Puettmann

Maurice Wichmann
Dominic Gianino
Marsh Lukens
Donald & Dorothy McCutchen
Shawn & Vicki Northrop
Kenneth Ohlemeyer
Mark & Pam Remper

Curtis Kohring
Stephanie Borgmann
Marilyn Arthur
Ruth Bauer
Stephanie & Jim Berberich
Lauren Harrison
Terry & Cheryl Klocke
Trudy Warner

Sarah Lynn
Anonymous Donor

Steven Crouch
Carman Koch D'Agostino
Anita Holt
Tom & Donna Lovett
Mary Ann White
Timothy & Janet Reno
Harry Swanger
Mary Jo Wich
Carolyn Woodsmall & Roy Sander
Rev. Dr. Alvin & Marilyn Horst
Adele Carey

Carol Kimmich
Daniel & Peggy Buechler

Tributes

Ann Mantler
Linda Zilch and Roy Caton

Ken & Linda Myers
Tonnies Monroe Wasem

Mark & Luke Laferney
St. John Lutheran of Bellville

Tim & Kate Theodore
Ric & Cindy Weinstein
Mr. & Mrs. Robert Diani
Eric DeBruin

Tony & Barb Noronha
Kevin & Mary O'Connor
Joseph Hagan



'He will wipe every tear from their eyes. There will be no more death' or mourning or crying or pain, for the old order of things has passed away.

Revelation 21:4

**As of 8/16/2023*

Memorial/Tribute Program

Enclosed is my gift of \$ _____
In **Memory** or in **Honor** of (Circle One)

In Honor of (Occasion)

Please Send Notification To:

Be a FMP Recurring Donor!

An Automatic, Online Giving Program

- Easy
- Flexible
- Safe & Secure



Click **DONATE** on the FMP Website to Name the Amount and Frequency of your Gift

Your Name _____

Email _____

Phone _____

Address _____

City, State, Zip _____