

Manna Messenger



A Feed My People Publication March - April 2024

Because of you...

Happy Easter!



Thank you to our donors for an incredible start in 2024. We have exciting events and programs to look forward to this year and we can't do it without your support. Our upcoming events include Manna March on April 21st, Chef's Challenge on July 23rd, and the Golf Tournament on October 21st. Sponsorship opportunities will be available for all of the above mentioned events. The Thrifty Hanger will have amazing shopping events to look forward to as well. We are also bringing back the Feed My People cookbook!

Since the beginning of 2024, we've had an uptick of individuals needing services, particularly the homeless population. South County saw 473, while High Ridge saw 342 additional clients. This increase in food insecurity is why your support is so important. There are many ways to show God's love and compassion to all His people, but particularly to His people in need such as organizing a food or personal care drive, volunteering, and donating. We thank you for your generosity as it enables us to serve others.

Over the next few weeks, we will be mailing our annual Easter Appeal. Please consider helping us make a difference for those in need.

Blessings,

Stephanie Berberich



"I am the bread of life...whoever eats this bread will live forever"
John 6:48-51

Thrifty Hanger



Store Hours



High Ridge
Monday-Friday
10am - 3:30pm
Saturday
9am - 3pm
Sunday
Closed

South County
Monday-Friday
9:30am - 3:30pm
Saturday
9am - 3pm
Sunday
Closed

**\$5 off when you
spend \$20 or more**

Only valid March 16-28, 2024.
One time use per customer.

COUPON

Feed My People

A Christian Interdenominational Help Center showing God's love and compassion for God's people in need.

South County Office

171 Kingston Drive
St. Louis, MO 63125
(314) 631-4900
Fax (314) 631-7930

High Ridge Office

3295 Ottomeyer Road
High Ridge, MO 63049
(636) 677-9885
Fax (636) 677-8691

Website

www.feed-my-people.org

Email

info@fmpstl.org

Executive Director

Stephanie Berberich

Editor

Scarlet Montilla

Programs

Transformation Program

Our Transformation Program is a holistic, new service to help clients identify needs beyond food. It's a comprehensive referral service that assists clients with:

- Utility Assistance
- Rental Assistance
- Health & Wellness Assistance
- Emotional Distress
- Spiritual Distress

Client Choice Program

Emergency and Long Term Food Assistance

- **Job Counseling**
 - Computer Lab
- **Thrift Stores**
 - Open to the Public
- **Healthy Family Program**
 - Personal Care Items, Clothing Assistance, Eldercare Assistance
- **Healthy Kids Program**
 - School Supplies, New Shoes
 - Birthday Room
- **Healthy Homes Program**
 - Heater, Blankets, Fans
 - Utility Assistance
- **Christmas Programs**
 - Adopt-A-Family, Giving Tree

What's Going On In The Community?

The Journey

Recently a gentleman, along with his sponsor, came to volunteer. He is on a journey of faith conversion and needed to fulfill service hours. His one day of serving in the pantry was so impactful, he has decided to continue volunteering at Feed My People. We wish Gary many blessings as he continues his journey.

Moving on up!

We were visited by a client that wasn't coming in as often. She informed us that her husband was approved for a patent on fuel additive for cars. If all goes well, they will soon be moving to the east coast for their project. We love seeing clients achieving their goals! Transformation at its best!

Another family from Afghanistan has suffered quite the ordeal through living in refugee camps in Turkey and Iran before making it safely to the United States. This is the first time they are able to call a place their home. We commend them on their bravery and welcome them to their new life in St. Louis!

Let's go shopping!

We have some exciting news! We are introducing the Fill-A-Bag sale! Keep an eye out for details. If you would like to receive emails regarding The Thrifty Hanger, send an email to scarletm@fmpstl.org to subscribe. You won't want to miss this great shopping event!

What's New?

We are bringing back the Feed My People Cookbook! We are requesting that you send in your family's special recipes or your own favorites to include in the cookbook. You can be a part of this great project by contacting Scarlet at scarletm@fmpstl.org.

Want to support in unique ways?

Through the generosity of a local business, we were able to replenish our supply of blankets. Other warming supplies such as heaters and sleeping bags are needed as well. If you are interested in donating, please contact Angela at AngelaH@fmpstl.org.



Image: Volunteer sorting over 100 blankets donated by Urban Feed

Events & Programs

**FEED MY PEOPLE
PRESENTS:**

MANNA MARCH WALK AGAINST HUNGER

**Walker Registration
\$30**
includes t-shirt, brats,
snacks, and soft
drinks. Sponsorship
opportunities
available!



**APRIL 21, 2024
12-3PM**

**JEFFERSON BARRACKS
PARK @ GOLD STAR
PAVILION
345 NORTH RD.
ST. LOUIS, MO 63125**

TO REGISTER VISIT WWW.FEED-MY-PEOPLE.COM

MANNA MARCH

Sunday, April 21st, we are hosting our annual Manna March at Jefferson Barracks Park. It was started by our founders Carol and John DeGuire to walk against hunger. We look forward to having you join us.

Registration for walkers is \$30 and includes a t-shirt. If you are unable to attend in-person, consider becoming a virtual walker for only \$10. Brats, healthy snacks, water and soft drinks will be offered for all participants.

We will present the George Huber Manna March Award to the organization that registers the largest amount of walkers. Sponsorship opportunities are also available. We hope to see the community come together once again to support our cause.

For more info, please visit www.feed-my-people.org/events.

The Need For Food Meal-A-Month

Meal-A-Month, is an easy way to support our food pantry. Your business or church will be provided with yellow collection bags. These bags provide a list of essential items to fill our pantry. Your employees or congregation would fill up a bag and drop it off. At the end of the month, Feed My People will send drivers to pick up all of the items collected.

This is an ongoing program as the need for food is never ending for our clients. If your business or church would like to join this food program, please contact scarletm@fmpstl.org to get started.




MEAL-A-MONTH MAKE A DIFFERENCE TO FEED THE HUNGRY

\$12 feeds a family of 4 per meal. Imagine how many meals you can provide to help us feed 1,600 individuals a week.

3 EASY STEPS

- 1. Grab a yellow bag from your church or business**
- 2. Fill it with meal suggestions provided**
- 3. Return to church/business for pickup**

More Information

 www.feed-my-people.org
314-631-4900

Memorials

William Moody
Candlewick Trustee Account

Wilbert Hoehn
Robert & Susan Ruzicka

Thomas Richardson
Robert & Susan Ruzicka
Stephanie & Jim Berberich
Joseph Richardson
Feed My People Staff & Volunteers

Richard Lohman
Dr. Peter Padolik
Leslie Harder
Amy Kellerstrass
Elaine Azerolo
Soft Coated Wheaten Terrier Club
of Greater St. Louis
Maplewood Elementary
Feed My People Staff & Volunteers

Phyllis Powers
Thomas & Christine Powers

Olon McCrary Jr
Mr. & Mrs. Jonathan Nappier
Clinton & LeAnn Wylie
Mr. & Mrs. Sharon Howard Schulze
The Journey-West County
Stehanie & Jim Berberich
Nancy Hardy
Feed My People Staff & Volunteers

Curt Kohring
Marilyn Arthur

Nelda Ann Rogers
Michael & Judith Cushing
Debbie Schulte
Chris Vickie Rojewski
Gary D. Pool
Becky & Jeff Robinson
Rich & Teresa Spenn
Robert & Marilyn Rickerson
Matthew & Jami Mitchell
Donna Voteau
Karl & Angie Leiber
Taylor Excavating Co Inc.

Jack Milford
Milan & Gertrude Kedro

Mary Fitzgerald
Tony Fitzgerald

Mary Ann Akers
Kathleen Swayne

Marin & Carrie Gidley
Leroy Gidley

Lawrence Washburn
Rita Washburn

Laurie Myers Draper
Tonnie Monroe Wasem

Lambert Roy
Robert Roy

Ken & Keith Ellis
Marilyn Ellis

Jennifer Rhea
Larry & Beverly Rhea

Jennifer Kirsten Rhea
John & Clarrisa Clark

Janice Kroeger
Andreas & Deborah Aumer

James Degan
Robert & Joan O'Brien

Jackie Poettgen
Maurita Lutton

Jack Daniels
Bert Daniels

Jack Bowie
John & Elaine Bowie

Irene Ohlemeyer
William Stephen Ohlemeyer

Henry & Rose von Rohr
Joyce Gray

Helene Harold Temme
James & Maureen Temme

Dorothy Messiner
James & Maureen Temme

Paul & Dorothy Welker
Cletus M. & Rebecca Schnurbusch

Donna Stockglaus
Jeffrey & Margaret Lanter
Joann Nichols
Malon Argint

Dick & June Stoliniski
Tom & Karen Jacobi

Diane Thomsen
Theresa & Stephanie Williams

DeLura Brummet
Paul & Jackie Smith

Curt McDermott
Janie & George Hartman

Clarence & Shirley Beeson
Jim & Shirley Arbet

Brad Carson
Joan Carson

Betty Moellenberg
Leroy Gidley

Audrey Dieckmann
Daniel & Peggy Buechler

Josephine Spring
Donna Caplinger

Robert Krepps
Concord Trinity United Methodist Church

Joan Willhoite
Concord Trinity United Methodist Church

Nancy Ash
Concord Trinity United Methodist Church

Don Housom
Concord Trinity United Methodist Church

Ronald Mock
Concord Trinity United Methodist Church

Rosemarie Tucker
Concord Trinity United Methodist Church

John Wallinger
Concord Trinity United Methodist Church

Suzu La Brier-Anthes
Concord Trinity United Methodist Church

Tributes

Mike Ilten
Diane Neuhaus

Pat Roy
Kathleen Kaiman

Jim Roy & Mary Fran Lyons
Kathleen Kaiman

Jack & Lorraine Goldman
John & Beverly Dauernheim

Fr. Jacob Braun
Daniel L. & Peggy A. Buechler

Ed & Carol Kurmann
Kristin Daniels

Bernice Mead
E. H. Hilgendorf-Mead

Robert Zaruba
Frederick C. & Janet L. Horner

*'He will wipe every tear from their eyes.
There will be no more death' or
mourning or crying or pain, for the old
order of things has passed away.*
Revelation 21:4



*As of 2/23/2024

Memorial/Tribute Program

Enclosed is my gift of \$ _____

In **Memory** or in **Honor** of (Circle One) _____

In Honor of (Occasion) _____

Please Send Notification To: _____

Email: _____

Your Name _____

Email _____

Phone _____

Address _____

City, State, Zip _____