

Manna Messenger



A Feed My People Publication November - December 2024

Because of you...

As we approach the end of another year, Feed My People would like to reflect on the journey we've had together and to express our gratitude for your support. This year we were able to help over 300 local students start the school year off with new backpacks, school supplies, and shoes.

As we gear up for Thanksgiving, please consider participating in our Thanks For Giving Program. For more information see page 2.

Are you looking for a wonderful opportunity to spread joy and support those in need within our community? Please consider supporting our Giving Tree program by donating new unwrapped gifts for the whole family. Through the Adopt-a-Family Program, you can make an impact by providing gift cards, utility payments, a monetary gift, and a sense of hope to those who need it most.

This time of year allows Feed My People to reflect on our accomplishments and set goals for the upcoming year. Our Year-End Appeal will be coming to you soon, and we invite you to be part of this initiative! Your contributions make a real difference to our Client Choice Food Pantry and Transformation Program at each site. Watch for the appeal to arrive via US Mail or visit our website at www.Feed-My-People.org.

Feed My People wishes you and your families a blessed Holiday Season.

Peace, Joy, & Love....to you and yours always

Many Blessings!

Stephanie	Donna	Josh
Carrie	Scarlet	Mark
Cathy	Judith	John
Mary	MER	Brock
Angela	Judy	Jason
Stacey	Sue	

CLOSED DATES

Thanksgiving: Nov. 28-30

Christmas: Dec. 25-26

New Years: Dec 31- Jan. 1

Missouri Food Pantry Tax Credit (MO-FPT)

Any taxpayer (individual, corporation, or trust) making a donation of cash or food supplies to a food pantry may receive a credit of up to \$2,500 per taxpayer per year. Taxpayers may take a credit of 50% of their donations.

(Example: Donate \$1000 for FMP before year end and take a \$500 tax credit on your 2024 tax return.) A Missouri (MO-FPT) form may be requested by contacting Cathy at 314-631-4900 x 307 or CathyO@fmpstl.org.

All donations must be postmarked by USPS on or before December 31, 2024 to be eligible for the 2024 tax deduction.

Thrifty Hanger

Come see us regularly for surprise flash sales!



Thanksgiving \$15 Drawing: Nov. 16-27th
Sip and Shop: South County Nov. 14
High Ridge Dec. 15



Feed My People

“To show God’s love and compassion to all His people, but particularly His people in need.”

South County Office

171 Kingston Drive
St. Louis, MO 63125
(314) 631-4900
Fax (314) 631-7930

High Ridge Office

3295 Ottomeyer Road
High Ridge, MO 63049
(636) 677-9885
Fax (636) 677-8691

Website

www.feed-my-people.org

Email

info@fmpstl.org

Executive Director

Stephanie Berberich

Editor

Scarlet Montilla

Programs

Transformation Program

Our Transformation Program provides assistance beyond food.

- Utility Assistance
- Employment assistance
- Health & Wellness Assistance
- Holiday Programs (Giving Tree, Adopt A Family, etc.)
- Spiritual Support
- Thrift store purchase assistance
- All other needs beyond food

Client Choice Program

- Clients shop our pantry just like a small grocery store
- Empowers and restores dignity to our clients
- Volunteers at each station to assist clients
- Recipes available for making new and healthy dishes

Thrift Stores

- Open to the public
- All proceeds benefit Feed My People’s client services
- Donate your unwanted items Monday-Saturday
- Sustainable shopping for the whole community
- Online shopping available on Ebay and Poshmark

Thanks For Giving

Thanksgiving is a time to reflect and to give back. As you gather with your loved ones, consider helping us provide a Thanksgiving dinner to a family in need.

Your contributions can provide essential food items to ensure everyone has the ability to enjoy a joyful meal this holiday season. There are several ways you can participate. Donate online at www.feed-my-people.org or mail the form below.

We thank you for your support and for helping us share the spirit of Thanksgiving!

Level 1 All The Trimmings: \$100

Will provide meals for 2 families

Level 3 Dressing It Down: \$50

Will provide one turkey and two sides

Level 2 Turkey Wobble: \$75

Will provide for 1 family

Level 4 Leftovers: \$25

Will provide two sides

Thanks for Giving Program

Please select your desired amount. **Your name** _____

___ \$100 All The Trimmings

___ \$75 Turkey Wobble

___ \$50 Dressing It Down

___ \$25 Leftovers

Other \$ _____

Email _____

Address _____

City, State, Zip _____



Giving Tree Wish List

Children’s toys

Footballs, Soccer balls, Basketballs, etc.

Bikes, Scooters

Makeup/Cosmetics/Purses

Craft Supplies

Sheets/Blankets/Comforters

Gloves/Hats/Scarves/Coats

Jewelry/Jewelry Boxes

Games for kids up to 18 years old

Men’s and Women’s clothing

Slippers/Shoes/Socks

Bath towels/Bathroom Accessories

Dish sets/Pots, Pans

Hair Straighteners/Blow Dryers

Shavers/Clippers

Small Household Appliances

Wrapping Paper/Ribbons

GIFT CARDS ARE ALWAYS WELCOMED!

The Giving Tree program is committed to supporting families and ensuring they have a wonderful Christmas!

Donated, unwrapped new gifts are set up in our holiday room allowing our clients to select items for their families.

We are accepting donations at our South County and High Ridge locations until December 24th. Thank you for your generosity!

Holiday Programs

As the holiday season approaches, we are reminded of the joy that comes with spending time with loved ones and creating lasting memories. At Feed My People we are committed to ensuring that every client family has the opportunity to experience the joy of Christmas, regardless of their circumstances.

Through our Adopt-A-Family Christmas Program, we match donors like you with families in need, creating a unique and personal way for you to make a meaningful difference.

Your involvement provides support and hope to families who are struggling during this time. It is an incredible way to give back and make the season brighter for those who need it most.

Contact us for more information:

Email: CarrieL@fmpstl.org

Phone: 314-631-4900 x 313



FEED MY PEOPLE ADVENT CALENDAR

1 Box of Cereal	2 Peanut Butter	3 Canned Fruit or Veg	4 Macaroni & Cheese	5 Canned Tuna	6 Jelly or Jam
7 Oatmeal	8 Chicken Noodle Soup	9 Box of Crackers	10 Pasta	11 Pasta Sauce	12 Deodorant
13 Package of Rice	14 Canned Beans	15 Toothbrush			
16 Granola Bars	17 Can of Meat	18 Canned Ravioli			
19 Shampoo/Conditioner	20 Canned Tomatoes	21 Fruit Juice			
22 Tooth Paste	23 Pancake Mix	24 Canned Potatoes			

Give Hope to Those in Need

The holidays can be a difficult time for many. This December, you can spread kindness and give back with our Advent Calendar! Each day, you can collect non-perishable food and other items to support Feed My People's food pantries.

Start on December 1st by checking the calendar's item of the day and adding it to a box or bag. Invite your friends and family to participate! After the holidays, drop off your collected items at the South County or High Ridge site.

Let's come together to fill our pantry shelves and ensure our neighbors have access to meals and personal care items this holiday season. You can make a meaningful impact, one day at a time!

Memorials

- Anita Trautmann**
E.H. Hilgendorf-Mead
- Ann Hemenway**
Caroline Young
Mark & Sara Berte
Francis & Terese Pounds
- Anne Marie Wilder**
Kerry Lynn Allen
Michael Boone
Mr. & Mrs. Mark J. Gaertner
Richard Geitz
Robert & Shelley Goeddel
Alan Hecht
Donald & Frances McDaniel
Jim Moran
Joe Wilder
Martin Wilder
Kate Wolfmeyer
Jane Birkenmeier
Elizabeth & Tim Hanak
Kevin & Briana Birkenmeier
Joanne Buttice
Jessica Copeland
Anne & Mike Gross
Anne Hingtgen & Family
Ray & Diane Jokerst
Dave & Janet Langer
Mary, Katie, Steph, Bridget & Julie
Peter Wilder
Uncle Art, Aunt Mary, Uncle Hop
Aunt Sue, Uncle Dave, Aunt Anne
Uncle Nick, Aunt Carol,
Uncle Todd, & Aunt Cathy
- Bob Barczykowski**
Bob & Linda Dimitrijevic
- Brenda Jansen**
Geraldyn Fisher
- Charlie Stewart**
Mary McDonald
- Dick & June Stoliniski**
Tom & Karen Jacobi
- Donald Schnarre**
Mary Lucy
Sherri Farrell
- George Fank**
Ronald Herman Jr.
- George Sandusky**
Phyllis Sandusky
- Harold Baker**
John & Carol DeGuire
Feed My People

- Helen Guentel**
Joan Villar
 - Herb & Marge Laudel**
Douglas & Cynthia Laudel
 - Jerry Birk**
Dana, Lynn, Christina, Kim, & Tracey Bast
Phyllis Carter
Tom and Margaret Hart
Joanie Birk
 - Joan Carson**
Janet Guerrero
Kenneth & Judy Hoehn
 - Joe Sinclair**
Ruby Schweppe
 - Larry Tate**
Jimmie & Debra Curry
Carol Dejno
Stewart & Jane Lyman
Feed My People
 - Marvin Proffer**
Donna Proffer
 - Phyllis Freund**
Carol Buchmeier
Dennis & Darlene Eads
Donna Eime
Carolyn Ewald
Henry Freund
David & Barbara Henerfauth
Laura & Betty Hood
Donna Proffer
Mr. & Mrs. Maurice Ban Buskirk
 - Roger Eime**
Henry Freund
 - Patricia & Larry Tate**
Michael Tate
 - Alan Smith**
Feed My People
-
- Tributes**
 - Carolyn & Dan**
Bruce & Lennis Bange
 - Jane & Dick Armbruster**
Sharon Cliffe
 - Nick & Bonnie Dattoli**
Tonnie Monroe Wasem
 - Terry & Linda Hessler**
Dolores Urban

*As of 10/15/2024

Feed My People remembers their first employee, Harold Baker. He was very sympathetic to clients and went the extra mile to reach out to them. He had a very caring heart and would often make people smile. We remember his service and dedication of 20 years as being part of our Feed My People family. In God's Hands --May He Rest in Peace.

-Carol & John DeGuire



Please consider us in your estate planning.



We will never share or sell your information.

Memorials and Tributes

Enclosed is my gift of \$ _____

In **Memory** or in **Honor** of (Circle One)

Name _____

In Honor of (Occasion) _____

Please Send Notification To: _____

Email: _____

Address: _____

City, State, Zip _____

Your Name _____

Email _____

Phone _____

Address _____

City, State, Zip _____

Please Mail to:

171 Kingston Dr.
St. Louis, MO 63125



**FMP
Manna**

An Automatic, Online
Giving Program

- Easy
- Flexible
- Safe & Secure

You Name the Amount and
Frequency of Your Gift